

# BODY PRIME

Item no. 74915  
90 capsules

Body Prime effectively prepares your body for any health regimen. With a significant amount of magnesium, Body Prime supports normal energy metabolism and valuable electrolyte balance, which prime your system to initiate your next health program. At the same time, magnesium supports a healthy balance of electrolytes and proper energy levels.

Body Prime also features an apple pectin and prune powder blend. Together, apple pectin and prune powder comprise the majority of one capsule's contents. Like magnesium, these familiar fruit sources provide a variety of benefits. These ingredients are non-GMO and are approved for daily use, making this a gentle formula derived from familiar fruit sources.

## BENEFITS

- Supports proper electrolyte balance
- Supports natural energy metabolism
- Supports muscle function
- Supports normal muscle contraction

## KEY INGREDIENTS

- Magnesium
- Apple pectin
- Prune powder

## RECOMMENDED USE

Take 2 capsules once per day. Taking more than the recommended dose may cause diarrhea.



## Product Information

	Per 2 capsules (1620 mg)
Magnesium	400 mg (107%*)
Apple pectin	500 mg
Prune powder	200 mg

\* of the Reference Intake (RI)

Ingredients: Magnesium Oxide, Apple Pectin Powder (Malus Domestica Borkh., Fruit), Prune Powder (Prunus domestica L., Fruit), Glazing Agent (Hydroxypropyl Methyl Cellulose), Anti-caking Agent (Magnesium Salts of Fatty Acids).